



supporting people &
sustaining communities

Suicide Awareness training

Suicide is a problem for society as a whole. To increase awareness - and to help remove the stigma that can be a barrier for those in need of help - this **FREE** half-day training seminar should be of interest to anyone who wishes to:

- examine their own attitudes
- discover likely suicide risk factors and warning signs
- find out how you might help someone at risk of suicide

Funded by Leicester City Council, the training is free to attend but only open to those who live or work in Leicester. This includes members of the public as well as those whose work is likely to bring them into contact with vulnerable people or those at greater risk.

Forthcoming training events for Autumn 2017:

Monday 18 September (9:15am to 12:30): West End (LE3)

Tuesday 26 September (9:15am to 12:45): Red Hill (LE4)

Tuesday 10 October (9:15am to 12:45): City Centre (LE1)

Friday 17 November (9:15am to 12:45): Evington (LE5)

Thursday 7 December (9:15am to 12:30) New Parks (LE3)

Places are limited so advance booking is essential.

To register your place on one of these popular sessions, visit our online booking site at www.eventbrite.co.uk and search for 'Leicester suicide awareness'.

If you cannot access Eventbrite online, or have any enquiries, please do contact:

Mike Wilbur - SAPT project manager

 mwilbur@ruralcc.org.uk

 **0116 268 9712**

Suicide Awareness
Partnership Training



Rural Community Council (Leicestershire & Rutland)

Community House, 133, Loughborough Road, Leicester, LE4 5LQ

 (0116) 266 2905  ruraladvice@ruralcc.org.uk  www.ruralcc.org.uk

Charity No. 1077645 Company No. 3665974